

Twenty Third Sunday in Ordinary Time

6 TWENTY THIRD SUNDAY IN ORDINARY TIME

Mass: 8:30am - Coffee Hour Following
Mass: 10:30am - Coffee Hour Following
AA Meeting: 6pm - Church Basement

7 MONDAY

Communion Service: 9am - Church

8 TUESDAY

Mass: 9am - Church
Eucharistic Adoration: 9:30am - 7pm - Church

9 WEDNESDAY

Children's Choir 4th-8th grade: 7:45-8:15am - Church
Communion Service: 9am - Church
School Commission: 7pm - Benincasa Center

10 THURSDAY

Mass: 9am - Church
Children's Choir K-3rd grade: 3-3:30pm - Church

11 FRIDAY

School Mass: 10am - Church

12 SATURDAY

Baptism Class: 10am - Church
Sacrament of Reconciliation: 3:30pm - Church
Mass: 5pm - Church
AA Meeting: 6:30pm - Benincasa Basement

13 TWENTY FOURTH SUNDAY IN ORDINARY TIME

Mass: 8:30am - Coffee Hour Following
Mass: 10:30am - Coffee Hour Following
Youth Group: 4-6pm - Victoria Hall

Readings for September 13, 2009 Twenty Fourth Sunday in Ordinary Time

Isaiah 50:5-9
James 2:14-18
Mark 8:27-35

PARISH STEWARDSHIP

Collection Total

August 23, 2009

\$6,384.50

August 30, 2009

\$4,749.00

Prayers



Ray Barnes	Frank Martin
Luis Batayola	James McNamara
Joe Byrne	Effie Rohner
Kay De Ambrosio	Evelyn Stetz
Evan Dubicki	Don Sullivan
Bob Flakus	Chris Young

A Word From Amy Hall

Preserving Family Prayer

One of God's highest priorities is preserving family relationships. While technology has enhanced the quality of our businesses and allowed families to stay electronically accessible, it has also curtailed communication. With greater regularity, parents and their children distance themselves from one another emotionally and spiritually. Ultimately, in this era of cutting-edge communication, the family unit "mis-communicates" with God by omitting family prayers.

You may have used the common child's prayer before a meal, "God is great, God is good. And we thank Him for this food." As a child afraid of the dark, I often prayed, "If I die before I wake, I pray the Lord my soul to take." Some families may choose familiar prayers or repetition, while others may prefer spontaneous, less structured prayers. In both cases, prayers are a privilege that require a commitment between parent and child as well as God. Including God in daily activities helps both child and parent to understand one another. With the freedom of praying together, families are partners, building strong spiritual foundations in their homes.

Family prayer can extend beyond meals and bedtime. Families can discuss and pray together on a variety of issues. Young children may experience security as they witness their parents praying for God's help as well. As the mother of a very active toddler, my husband and I have used prayer time as a way to calm him before naps or bed, or to encourage his communication by asking him who he would like to pray for on that day. (Although, it can be hard to keep from laughing when he wants to pray for Big Bird on a regular basis!).

In family prayer, it is important to remember that God loves to talk with children and cares deeply about their problems. Knowing that He protects and rescues us from our fears provides invaluable peace and unity to a family. Praying together allows children to voice their concerns to both an earthly parent and their Heavenly Father simultaneously.

The benefits of family prayer impact the parents and children in dramatic ways. We probably all agree that it is effective in strengthening our families, but it is often difficult to find a specific prayer time. Parents may approach family prayer with the best of intentions, only to find schedule conflicts. A parent may feel unqualified to lead in prayer, believing that they will appear ineffective communicating with God. It's really quite simple and there is no right or wrong way to engage in family prayer. Consider these easy guidelines to make family prayer a priority each day:

- Talk about whatever is bothering you, no matter how small.
- Invite God to reveal His purposes, plans, and desires for your life.
- Make God the head of your home.
- Expect God to respond as you humble yourself before Him.

Family Prayer . . . all it takes is **T.I.M.E.**

Amy Hall

Pastoral Assistant for Children's Faith Formation

Announcements

Baptism Class

If you are interested in having your infant or young child baptized, please contact Victoria at the parish or by email. The next baptism class will be **Saturday, September 12 at 10 am** at the Benincasa Center. Parents must meet with Victoria and attend a class.

Learn More About the Catholic Church

Are you interested in joining the Church? In learning more about the Catholic Faith? In being baptized? Join us for an introductory meeting on **Thursday, September 17 at 7pm** in the Benincasa Center. Email Victoria or leave a message on her voicemail if you are interested or if you have questions.

Social Justice

If you are interested in Social Justice or learning more about it please join the Social Justice Committee for the first meeting of the year on **September 20 after the 10:30 mass**. We will talk about new ideas for this year and how we might be better able to educate and advocate around issues of peace and justice in our society. There is no commitment necessary, only a desire to explore a faith that seeks justice. Call Shannon Fleming Bray for details.

Breast Cancer 3-Day Walk

WOW!! The generosity of this Parish really exceeded all expectations! A huge THANKS to YOU! With our bake sale we were able to raise \$659.75 to support Craig Haugen's participation in the Breast Cancer 3-Day. If you would like more information about the 3-Day, go to www.the3day.org. You can search for Craig and still make a donation if you'd like. Thanks for your help!! -Crystal Koory

High School Youth News

Youth Group is beginning this month and we already have tons of fun events and activities planned. All students in the 9-12th grades are welcome! Everyone should have received a schedule of events and a registration form in the mail. If you didn't get one you can find the schedule on the Sr. High Youth Group page of the parish web site. Shannon will also be present at all the masses the weekend of September 12-13 to register youth and answer questions. Check it out! We will be meeting 3-4 times a month on Sunday for faith, fun and fellowship events. Friends are welcome. Contact Shannon Fleming Bray with questions.

Victoria Hall Concert

An all-parish inaugural concert will be held in Victoria Hall on **Saturday, October 3, starting at 7pm**. The program will feature musical presentations by our own St. Catherine musicians and last about an hour-and-a-half. Hosted by MJ McDermott, you'll hear vocal performances by the Adult Choir, Children's Choirs, Fr. Tony, and others. Instrumental pieces will include Kevin Krentz (cello), Steve Kauffman (clarinet), Melissa Walsh (harp), Jessica Stevens (piano), and a variety of other instruments. A special performance you won't want to miss will be Jessica Stevens and Mark Adrian playing a two-piano version of Liszt's "Hungarian Rhapsody No. 2." You're gonna love it! The concert is free. Mark your calendars and save the date!

Cabrini Ministry Training

Our goal is to provide parishes and local institutions with capable, confident, faith-filled lay ministers who have grown in their self-awareness, and who possess effective pastoral listening skills by inviting lay people called by reason of their baptism, to recognize and use their gifts in service to the Church. We offer quality training that includes 5 months of weekly sessions with emphasis on pastoral skills, along with ethics, self-awareness, and more. Plan to attend an Information Meeting on **September 14, 7-8:30pm** at St. James Cathedral Place. For more information or RSVP call Tom Curran at 206-760-0583, or email tomcurran@cabriniministry.org.

Junior High Cheer Clinic

Archbishop Murphy High School is hosting a junior cheer clinic for students in grades K-8. The 8th annual clinic will be held at AMHS **Saturday, September 19 from 10am to 3pm**. Participants will cheer at the September 25 AMHS football game. For more details, please visit the AMHS website www.am-hs.org



If you love the person you are married to, you'll love a Worldwide Marriage Encounter Weekend **November 6-8**. For information and registration, contact Rory & Dawn Myers 206-772-2344, or seattlewwme@yahoo.com. Already attended a WWME Weekend? Join the WWME community **October 24-25** for enrichment for couples called Building Community Through Relationship. More information/registration at Blackburn's, 425-876-6964, or marriedmybestfriend@hotmail.com and www.seattlewwme.org.